

## Behavioral Restraint / Seclusion Physician Order Form

Date	Time	Orders for Behavioral / Violent Restraint or Seclusion
		Orders that are checked will be implemented. Additions, Deletions, or Modifications of
		orders must be individually initialed.
		Clinical Reason for Restraint □ or Seclusion □:
		☐ Prevent injury to self ☐ Prevent injury to others ☐ Combative / threatening
		☐ Specific behavior:
		Time Limit Duration for Order:
		☐ Age 18 and older: 4 hours
		This time limited restaint or seclusion must be renewed by the physician for each event.
		Seclusion shall not be ordered or continued for more than twelve (12) consecutive hours.
		Least Restricitive Alternatives Attempted:
		$\square$ Provide companionship amd supervision (1:1) $\square$ Verbal Reminders / descalation
		☐ Changing or eliminating bothersome treatments ☐ Medications offered / tried
		Frequent reorientation to surroundings Other:
		Offering diversionary and physical activities
		Reality orientation and psychosocial interventions
		Restraint Type:
		Mechanical Restraint: Soft Limb
		☐ Right Wrist ☐ Right Ankle ☐ Left Wrist ☐ Left Ankle
		Chemical Restraint
		Seclusion
		Plan of Care for restrained / secluded patient
		□ Physician or other LIP consulted
		□ Vital signs on initiation and as indicated
		☐ Face to Face evaluation by trained RN within 1 hour of initiation
		□ Continuous 1:1 observation every 15 minutes with documentation
		☐ Restraints released every 2 hours
		☐ Re-assessment per policy
		☐ Educate patient on rationale and release criteria
		☐ Complete debriefing after discontinuation
		Restraint / Seclusion to be discontinued if:
		☐ Verbally contracts for safety to self and others ☐ Responding to redirection
		□ No longer demonstrates risk for danger to self or others
	<u> </u>	Responding to alternatives
Date/Time of Verbal Order: Name of LIP / RN Signature:		
Date, Time C	v c. bui Oi	Traine of En / Int Signature.
Physician's S	Signature: _	Date/Time: